



Statewide Parent Advocacy Network
35 Halsey St., Fourth Floor, Newark, NJ 07102
Phone: 973-642-8100 Fax: 973-642-8080
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Statewide Parent Advocacy Network (SPAN) Health-Related Resources 800-654-SPAN

- Family to Family Health Information Resource Center/Family Voices NJ
 - Provide information, training, and technical assistance for families on health issues affecting their children with special healthcare needs
- Federation of Families for Children's Mental Health chapter
 - Provide information, training and technical assistance for families regarding their children with mental health/emotional needs
- NJ Statewide Parent to Parent
 - Connect parents of children with special healthcare needs to trained Support Parents who can provide emotional support, information and connection to resources
- Parent Training & Information Center
 - Provide information, training, and technical assistance for families on education issues affecting their children receiving special education services or at risk of academic failure, including helping to develop Individualized Health Plans
- 800-654-SPAN; www.spannj.org

Economic Assistance Resources

- Government Benefits www.njhelps.org
- Food pantries www.endhungernj.org/forms/providerssearch.aspx
- LIHEAP (Low Income Home Energy Assistance Program)
<http://www.nj.gov/dca/dcr/hea/index.shtml>
- Free energy efficiency evaluation www.pseg.com/customer/home/bill/help.jsp
- Free vision care http://www.neweyesfortheneedy.org/us/freexams_nj.html
- Free dental care for those w/ disabilities or the elderly
http://nfdh.org/joomla_nfdh/content/view/73/110/
- Housing Assistance HUD (Housing & Urban Development)
www.hud.gov/local/index.cfm?state=nj&topic=offices , including avoiding foreclosure www.hud.gov/keepyourhome/index.cfm, and NJ public housing authority offices and section 8 www.hud.gov/local/nj/renting/hawebsites.cfm
- Telephone Assistance www.lifelinesupport.org/li/low-income/lifelinesupport

Early Childhood Health & Special Healthcare Need Resources

- Child Care Resource & Referral Agencies (Nurse Health Consultant):
<http://www.state.nj.us/humanservices/dfd/CCRandRs.html>
- NJ Inclusive Child Care Project (Project of Statewide Parent Advocacy Network)
 - Provides on-site training and support for child care providers to include children with special needs
- Early Intervention (0-3): System point of entry 888-653-4463
 - Infants and toddlers with developmental delays or disabilities age birth to 3
 - Conduct assessment, develop Individualized Family Services Plan (IFSP)
 - Provide services; at no cost for families with incomes up to 350% of the federal poverty level; sliding fee scale for families with incomes above 350% of FPL
- Early Intervention (0-3): Essex County Service Coordination 973-395-8836
 - County Service Coordination Units to ensure IFSPs are implemented
- Regional EI Collaboratives <http://www.njeis.org/>
 - Assist in oversight of the Early intervention system
 - Family Support Coordinators (parents of children with special needs)
- Maternal & Child Health Consortia/Essex Healthy Mothers, Healthy Babies 973-621-7758
 - Programs & resources to address:
 - • Preterm births, low birth weight babies
 - • Teen births
 - • HIV transmission and prevention in children

Health Resources

- Family Health Line -800-328-3838 (24 hours/day, 7 days/week)
- NJ Health Link <http://www.nj.gov/njhealthlink/>
- Centers for Primary Health Care 609-292-7837
<http://www.state.nj.us/health/fhs/cphc/index.shtml>
 - Serve uninsured, underinsured, Medicaid, Medicare, Family Care
 - Pediatric services/well baby care; adolescent health; internal & family medicine
 - HIV/AIDS care; Hepatitis C care
 - Referrals for specialty care; pharmacy services
 - Mental health services
- Dental directory http://www.state.nj.us/health/fhs/newborn/documents/dental_directory.pdf
 - Donated Dental Services Program 732-549-8506
- NJ Family Care 800-701-0710 <http://www.njfamilycare.org/>
 - Medicaid up to 200% FPL; Family Care up to 350% of FPL; Family Care Advantage (families can buy into Family Care program at state cost)
- Lead poisoning <http://www.state.nj.us/health/fhs/newborn/lead.shtml>
- Genetic Centers <http://www.state.nj.us/health/fhs/nbs/genetic.shtml>
- Charity Care 866-588-5696
- AIDS Hotline 800-624-2377
- Complaints about Healthcare facilities 800-792-9770
- Immunization Information 800-792-8831
- Poison Control Emergency Line 800-222-1222
- Postpartum Depression 800-328-3838

Disability/Special Healthcare Resources

- Special Child Health Services Case Management Units 609-777-7778
<http://www.state.nj.us/health/fhs/sch/sccase.shtml>
 - Work with parents of children with special healthcare needs and disabilities and the child's physician to evaluate child's strengths and needs and to develop an individual service plan for the child and family addressing medical, educational, developmental, social and economic needs of the child and family
- NJ Department of Health Resources for Specific Conditions
<http://www.state.nj.us/health/fhs/sch/services.shtml>
- NJ Division of Disability Services Resource Guide
http://accessdmv.net/humanservices/dds/RD_08.pdf
- Centers for Independent Living www.njsilc.org; 609-581-4500
 - Provide support for families of youth with special needs to transition to adult life

Mental Health Resources

- Child Behavioral Health System 877-652-7624 (24 hours/day, 7 days/week)
 - Connects families to:
 - Mobile response and stabilization services
 - Care management organizations
 - Youth case management services
 - Family Support Organizations: Essex County 973-395-1441
- NJ Alliance of Family Support Organizations (856) 236-7217
- NAMI-NJ 732-940-0991; www.naminj.org
- NJ Mental Health Association 973-571-4100; www.mhanj.org

Family Support Resources

- Parents Anonymous 800-The-Kids; <http://www.pa-of-nj.org/>
- Family Support Center 800-372-6510; www.fscnj.org
 - Access to resources for families of children with disabilities & special healthcare needs
- County Family Support Planning Councils 609-272-3745;
<http://www.njcdd.org/FamilySupport/rfspc.htm>
- NJ Self-Help Clearinghouse 800-367-6274; <http://www.njgroups.org/>
 - Access to information about support groups

Legal Resources

- Community Health Law Project www.chlp.org; (973) 275-1175; 888-838-3180
 - Legal and advocacy services to people with disabilities, including mental health, physical disabilities, HIV/AIDS, developmental disabilities, and visual impairments, on Social Security benefits, welfare, food stamps, and other entitlements; housing habitability and landlord-tenant disputes; consumer protection and debt collection; child support, visitation, and domestic violence; Medicaid, Medicare, and other health insurance issues.
 - To Your Health provides education, assistance, and representation to Medicare and Medicaid beneficiaries who are in managed health care plans, helps consumers file grievances and appeals, distributes a free consumer guide titled To Your Health: Your Consumer Rights in Managed Health Care, and a Medicaid Managed Care supplement.
- Disability Rights New Jersey www.drnj.org; (800) 922-7233